

EHC Nachwuchs - Trainingsplan KW 13

23.03. - 29.03.2026

Tag	Datum	Off-Ice	On-Ice	Off-Ice	Mannschaft	Trainer
Mo.	23.03.26		14:30 - 15:30	Kabine 1	U7 / Laufschiule	Khaydarov, Smolka, Sekera, Dominik
			15:30 - 16:30	16:45 - 17:15	U11	D.Danner, Andreas, Rafael, Smolka***
		16:00 - 16:30	16:45 - 17:45	18:00 - 18:15	U15	Billich, Khaydarov, George
		18:45 - 19:15	19:45 - 20:45	21:00 - 20:15	U20	Sekera, Khaydarov
Di.	24.03.26		14:45 - 15:45	Kabine 1	U9	Rösch, Khaydarov, Andreas
			16:00 - 17:00	17:15 - 17:45	U11	D.Danner, Andreas, Rafael
		16:30 - 17:00	17:15 - 18:30		U13	Smolka, Sekera
		17:45 - 18:15	18:45 - 20:00	20:15 - 20:30	U15	Billich, Khaydarov, George
		17:45 - 18:15	18:45 - 20:00	20:15 - 20:30	U17	Khaydarov, Billich, George
		19:15 - 19:45	20:15 - 21:45	22:00 - 22:15	U20	Sekera, Smolka
Mi.	25.03.26		14:45 - 15:45	Kabine 3/1	U7 / Laufschiule	Khaydarov, Smolka, Sekera, Dominik
			15:45 - 16:45	17:00 - 17:15	U11	D.Danner, Andreas, Rafael
			17:00 - 18:15		EBW U12	Lorch, Smolka, Khaydarov, Sekera
			18:30 - 19:45		EBW U14	Lorch, Smolka, Billich, Sekera, Khaydarov
Do.	26.03.26		14:45 - 15:45	Kabine 1	U9	Rösch, Khaydarov, Andreas
		15:30 - 15:45	16:00 - 17:15	17:30 - 17:45	U13	Smolka, Sekera, Rafael
		16:30 - 17:00	17:30 - 18:30	18:45 - 19:00	U15	Billich, George
		17:45 - 18:15	18:45 - 20:00	20:15 - 20:30	U17	Khaydarov, Sekera
		19:15 - 19:45	20:15 - 21:30	21:45 - 22:00	U20	Sekera, Smolka
Fr.	27.03.26	15:30 - 15:45	16:00 - 17:15		U11	D.Danner, Andreas, Rafael
		17:00 - 17:15	17:30 - 18:30	18:45 - 19:00	U15	Billich, George
		17:45 - 18:15	18:45 - 19:45	20:00 - 20:15	U17	Khaydarov, Sekera
*** 30 Min. TW-Training / Lukas Smolka						

Spiele						
Tag	Datum		Spielbeginn	Mannschaft	Heim	Gast
Sa.	28.03.26		07:00	U11	5. Pro Eissport Turnier	
Sa.	28.03.26	Privat	14:20	U9	Turnier in Stuttgart	
So.	29.03.26	Kleinbusse	12:15	U13	Bad Nauheim	EHC
So.	29.03.26		07:00	U11	5. Pro Eissport Turnier	